

MENU



SHARING IS CARING

Artisan Cheese & Charcuterie Board	43
Chef's Selection of Local, Artisan Cheeses and Cured Meats Served with Candied Walnuts, Fruit, Olives, Crackers, and Crisp Breads	
Pairs With: Folktale The Hound Le Mistral Chardonnay	
Artisan Cheese Board 	31
Chef's Selection of Local, Artisan Cheeses Served with Candied Walnuts, Housemade Onion Jam, Olives, Fruit, Crackers, and Crisp Breads	
Pair With: Folktale Estate Pinot Noir Folktale Estate Chardonnay	
Salt & Vinegar Potatoes  	11
Fingerling Potatoes, Sea Salt, Housemade Dijonnaise	
Pairs With: Folktale Pétillant Natural	
Organic Hummus  	15
Folktale Organic Hummus, Sherry Dates, Calabrian Chili Oil, Aleppo Pepper, Toasted Lavash	
Pairs With: Folktale Sol Train	
Castroville Artichoke Dip  	16
Organic Artichokes, Local Baby Spinach, Fresh Herbs, Sourdough Bread	
Add Pickled Jalapeños +\$3	
Pairs With: Le Mistral White Witch	
Chopped Romaine Caesar	19
Chopped Petite Hearts of Romaine, Caesar Dressing, Spanish White Anchovies, Garlic Croutons, Shaved Grana Padano	
Add Grilled Chicken +\$10	
Pairs With: Folktale Sauvignon Blanc	
Butter Lettuce & Heirloom Beet Salad  	21
Golden & Red Beets, Humboldt Fog Cheese, Citrus Segments, Candied Walnuts, Citrus Vinaigrette	
Pairs With: Folktale Sparkling Brut	
Roasted Cauliflower Salad  	19
Olive Oil & Herb Roasted Cauliflower, Carrots, Mixed Greens, Radicchio, Frisée, Maple Vinaigrette, Candied Pistachios, Pickled Cherries, Vegan Parmesan	
Add Vegan Ranch \$3	
Pairs With: Folktale We Are A Flower	
New England Clam Chowder	14
Served with Sourdough Bread	
Contains Bacon	
Pairs With: Folktale Sauvignon Blanc	
Soup Du Jour	12
Served with Sourdough Bread	
Pairs With: Ask Your Wine Educator	

OTHER BEVERAGES

1L Aqua Panna or Pellegrino	9
Juice & Iced Tea	6
Soda (12 oz. can)	5
Coca Cola, Diet Coke, Sprite	
Alvarado Street Brewing	8-10

PERFECTLY PAIRED WOOD-FIRED FLATBREADS

Margherita 	24
San Marzano Tomato Sauce, Roasted Roma Tomato, Fresh Mozzarella, Sweet Basil, Shaved Parmesan	
Pairs With: Folktale Whole Cluster Pinot Noir	
Sweet Heat 	29
Spicy Italian Sausage, Honey Drizzle, Stracciatella, Calabrian Chili Oil, Housemade Honeycomb	
Pairs With: Le Mistral Joseph's Blend	
BBQ Chicken	29
Roasted Chicken Breast, Housemade Barbecue Sauce, Smoked Gouda, Pickled Red Onions, Cilantro	
Pairs With: Folktale Estate Pinot Noir	
Mind of a Chef	29
Chef's Seasonal Inspiration	
Pairs With: Ask Your Wine Educator	

LARGE PLATES

Pan Seared Atlantic Salmon  	34
Eggplant Caponata, Spring Fava Bean and English Pea Risotto, Charred Lemon	
Pairs With: Folktale SLH Chardonnay	
Grilled Spanish Octopus 	30
Finglering Potato Medley, Romesco, Arugula-Tomato Salata, Grilled Sourdough	
Pairs With: Folktale Albariño	
Folktale "Crush" Burger	24
Niman Ranch Ground Beef, Onion Jam, Lettuce Chiffonade, Secret Sauce, White Cheddar Cheese, Toasted Brioche Bun, Housemade Kettle Chips	
Pairs With: Folktale Cabernet x Syrah	
Bigoli Pasta Bolognese	32
Bucatini Pasta, Niman Ranch Ground Beef, Italian Sausage, Wild Boar, San Marzano Tomatoes, Shaved Parmesan, Grilled Sourdough	
Pairs With: Folktale The Messenger	



SIDES

Housemade Kettle Chips	6
Roasted Cauliflower	9
Seasonal Risotto	12

*Re: allergens, our kitchen is open concept so cross-contamination is a risk.
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

TASTING

Enjoy one of our curated tasting flights or design your own adventure.

SIGNATURE FLIGHT 45

A Taste of Monterey

These estate wines showcase a perfect introduction to Monterey County and Folktale's philosophy of winemaking.

Folktale Sparkling Rosé

Folktale Estate Chardonnay

Folktale Rosé

Folktale Estate Pinot Noir

Le Mistral *Joseph's Blend*

RESERVE FLIGHT 60

Limited Production Magic

These are the stars. Meticulously crafted to showcase our best grapes and award-winning winemaking.

Folktale *We Are A Flower*

Folktale Reserve Chardonnay

Folktale Whole Cluster Pinot Noir

Folktale Cabernet Sauvignon

Folktale *The Hound*

Le MISTRAL FLIGHT 45

Taste of the Wind

Five (5) single vineyard wines from our sister brand that exhibit the power of Monterey's maritime influence.

Le Mistral Chardonnay

Le Mistral *The White Witch*

Le Mistral *Joseph's Blend*

Le Mistral Syrah

Le Mistral Cabernet Sauvignon

CUSTOM FLIGHT 70

Choose Your Own Adventure

Select five (5) different wines or allow us to curate a tasting based on your preferences or interests.

**Not included as a complimentary flight for Wine Club members.*

Each Tasting Flight includes portions of 2 oz per wine.

Become a Part of the Family.

Ask about the Folktale Wine Club or scan the QR code.



Chapter 4

4 bottles per quarter

Complementary per visit:

2 tastings, or 2 glasses

15% off wine + 10% off food

Quarterly Member Parties

Chapter 6

6 bottles per quarter

Complementary per visit:

2 tastings, or 2 glasses

20% off wine + 10% off food

Quarterly Member Parties

50% off shipping

Customizable Allocations

Chapter 12

12 bottles per quarter

Complementary per visit:

4 tastings, or 4 glasses

25% off wine + 10% off food

Priority Access to All Events

Exclusive Events

Free Shipping

Customizable Allocations

WINE LIST

SPARKLING

Folktale Sparkling Brut, NV Monterey County	14 40
Made in the Charmat method, this blend of Chardonnay and Riesling is similar to Prosecco. It has aromas of green apple, pineapple, and hay with a tart, bright finish.	
Folktale Sparkling Rosé, NV Monterey County	15 45
A blend of Pinot Noir and Chardonnay, this sparkling rosé has a brilliant rose gold color, soft notes of watermelon, kiwi, and a yeasty aroma. It features an elegant palate with notes of cherry along with floral, and creamy textures.	
Folktale <i>Talking Animals</i> Pétillant Natural, 2022 Arroyo Seco AVA	12 35
Made in the ancestral method with 100% Grenache Blanc, this wine offers tropical notes of pineapple and kiwi with a nutty undertone. The natural yeast left in the bottle ages beautifully into flavors and aromas of brioche and pie crust.	
Folktale <i>Piquette-CHU</i> Piquette, 2021 Monterey County	12 25
Slightly spritzy and a low 7% abv, piquette is fermented from grape must and is best served chilled. It bursts with flavors of strawberries, guava, violet, and black teas.	

WHITES

Folktale Riesling, 2021 Santa Lucia Highlands AVA	14 35
This dry Riesling has a classic nose of petrol and offers tropical fruit flavors like guava, kiwi, and banana with bright notes of melon, lime zest, and grapefruit.	
Folktale Albariño, 2023 Arroyo Seco AVA	14 40
With aromas of lemon zest, honeydew melon, and nectarine, the bright flavors of this wine are balanced by fresh acidity and a delicate saline finish.	
Le Mistral Chardonnay, 2023 Arroyo Seco AVA	12 30
A harmonious blend of delicate brioche and toasted bread aromas leads to flavors of ripe strawberry, warm apple pie, and juicy cantaloupe. This Chardonnay presents a light body with a smooth texture, balanced by a bright, refreshing finish that lingers delightfully.	
Folktale Estate Chardonnay, 2023 Monterey County	14 40
As with previous vintages, this wine has a beautiful citrus blossom, brioche nose, and sweet tropical undertone. The palate is fresh and balanced nicely with creamy notes from barrel fermentation that pop by the natural acidity the wine provides.	
Folktale Santa Lucia Highlands Chardonnay, 2023 Santa Lucia Highlands AVA	17 50
This most recent release of our SLH Reserve Chardonnay has wonderful tropical fruit flavors like kiwi and melon with a fantastic texture and creaminess from the French oak. The palate helps lift the fruit and showcase some of the sweet oak flavors — reminding us of a banana cream pie.	
Le Mistral <i>The White Witch</i>, 2022 Arroyo Seco AVA	15 45
Named for the wind that howls through the Salinas Valley each day, this blend of white Rhone varieties of Roussanne, Marsanne, Grenache Blanc, and Viognier is gorgeous with flavors of apricot, peach, stone fruit, and toasted almond.	
Folktale <i>We Are A Flower</i>, 2023 Monterey County	14 40
72% Semillon enfolds the bright acid and sharpness of 28% Sauvignon Blanc, resulting in a rich wine with more weight. The warmer climate of our Semillon brings zest and honeysuckle flavors to the bright key lime, pear and grapefruit flavors of the Sauvignon Blanc.	
Folktale Sauvignon Blanc, 2023 North Coast AVA	14 36
Balanced with fresh acidity and tropical fruit flavors, this wine has notes of green apple, lemongrass, and sweet Meyer lemon.	
Folktale Rosé of Pinot Noir, 2022 Monterey County	10 30
Light salmon in color this wine has aromas of rose petals, strawberries, kiwi, honeysuckle, and apricot along with a perfect balance of fruit, sweetness, and acidity.	
Folktale <i>The Lion For Real</i> 5-yr Solera Arroyo Seco AVA	14 40
This skin-fermented white wine blends every vintage since 2017, crafted in a Solera style. This wine features warm flavors of apple pie, apricot preserves, pineapple cake, and orange peel.	

REDS

Folktale Carbonic Red Wine, 2022 Monterey County	12 35
We love this chillable red with fresh acidity and a softly structured finish. It features notes of bright rose petals, strawberry jam, perfume, pencil shavings, and raspberries.	
Folktale Nouveau, 2023 Arroyo Seco, AVA	10 23
Fresh and light, our Nouveau is the first wine released after each harvest. Enjoy the last of this reflection of 2023 vintage.	
Folktale Estate Pinot Noir, 2022 Monterey County	15 45
This classic cool climate Pinot Noir features aromas of black cherry, plum, raspberry, clove, and potting soil. The palate is tart with a balanced acidity. Quintessential Monterey.	
Folktale Whole-Cluster Pinot Noir, 2023 Santa Lucia Highlands AVA	25 75
Fermented with stems intact, this Pinot Noir offers fresh notes of strawberry, pomegranate, and rose petals. The palate reveals juicy tart fruit with earthy, herbal undertones.	
Le Mistral <i>Joseph's Blend</i>, 2019 Monterey County	17 50
In dedication to founder Joseph Phelps, this single vineyard blend has lively Grenache dancing with a bold Syrah foundation. Flavors of strawberry, cherry, and baking spice evolve with French oak adding vanilla and toast.	
Folktale <i>The Messenger</i>, 2022 Monterey County	16 55
This blend of Cabernet Sauvignon, Merlot, and Sangiovese is inspired by Super Tuscan blends. It features bright cherry, dried rose petals, baking spices, and a hint of graphite.	
Folktale Cabernet Sauvignon, 2022 Carmel Valley AVA	22 65
Cabernet Sauvignon for this special bottling comes from Massa Estate in Carmel Valley. Due to the location of the vineyard flavors like black cherry and blackberries are able to fully mature along with spice and graphite flavors originating from fully ripened seeds.	
Le Mistral Cabernet Sauvignon, 2021 Paso Robles AVA	22 65
This big, bold Cabernet Sauvignon is a beautiful representation of the Central Coast's hot days cooled by fog and wind coming off the Pacific. The result is big, ripe fruit and tannins with refreshing acidity and aroma. This wine carries notes of plum and dried cherry with a long, bold finish.	
Le Mistral Syrah, 2022 Monterey County	18 60
The nose of this Syrah has blackberry, red plums, and cracked pepper, with savory qualities of leather and herbs. This wine has an intense structure and mouthfeel and seems to linger on the tongue.	
Folktale Cabernet Sauvignon x Syrah, 2022 Monterey County	18 60
With Syrah from Le Mistral Vineyard and Cab from Massa Estate, this wine is truly special. The Syrah lends violet and blackberry flavors, with the Cab offering cola, cocoa, and a peppercorn spice that is so intertwined. The palate is dry and has moderate tannin, and the body is warm with spice and tobacco.	
Folktale <i>The Hound</i>, 2019 Carmel Valley AVA	32 95
This complex and elegant Bordeaux blend of 56% Cabernet Sauvignon, 12% Cabernet Franc, 11% Merlot, 11% Malbec, 10% Petit Verdot presents blueberry, mocha, lilac, vanilla, cassis, pencil lead, cedar, and hibiscus that will evolve with age.	
Folktale <i>The Mountain</i>, Blend 2021 Carmel Valley AVA	42 125
83% Cabernet Sauvignon, 17% Petit Verdot, aged 22 months in new French oak, this big wine has beautiful black currant and cedar characters with velvety tannins and years of ageability.	

Wine Club member discounts apply.